

Summit Success, LLC

Empowering the Extraordinary

The Mid-Year Review

What we focus on expands. So let's focus first on our 'wins.' What's gone especially well in the first half of the year? What have been your 'wins'? What have been your greatest accomplishments?

1. _____
2. _____
3. _____
4. _____
5. _____
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7. _____
8. _____
9. _____
10. _____

In the same way, bringing focus to what's good in our lives leads to an even greater awareness of what's working well. What are you grateful for as you come to this halfway point in the year?

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2. _____

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10. _____

Now, when you sat down at the beginning of this year... way back at the end of December (even if you didn't do it formally), what were your 'resolutions'? What were your hopes and dreams and aspirations for the year? What major goals did you set?

1. _____
2. _____
3. _____
4. _____
5. _____

How are you doing with these goals? Which ones have you accomplished? Which ones are you putting aside (and why)? Which ones are you making good progress on? Which ones do you want to focus on now?

What have your challenges been this year? What obstacles have you encountered? What's been getting in the way? What have been your 'sticky' points? And, most important, what are you going to do with these going forward?

Now looking forward, what are your goals for the next 6 months?
What do you want to accomplish before the end of the year? What
are your 'musts'? What has to happen to make it your best year ever?

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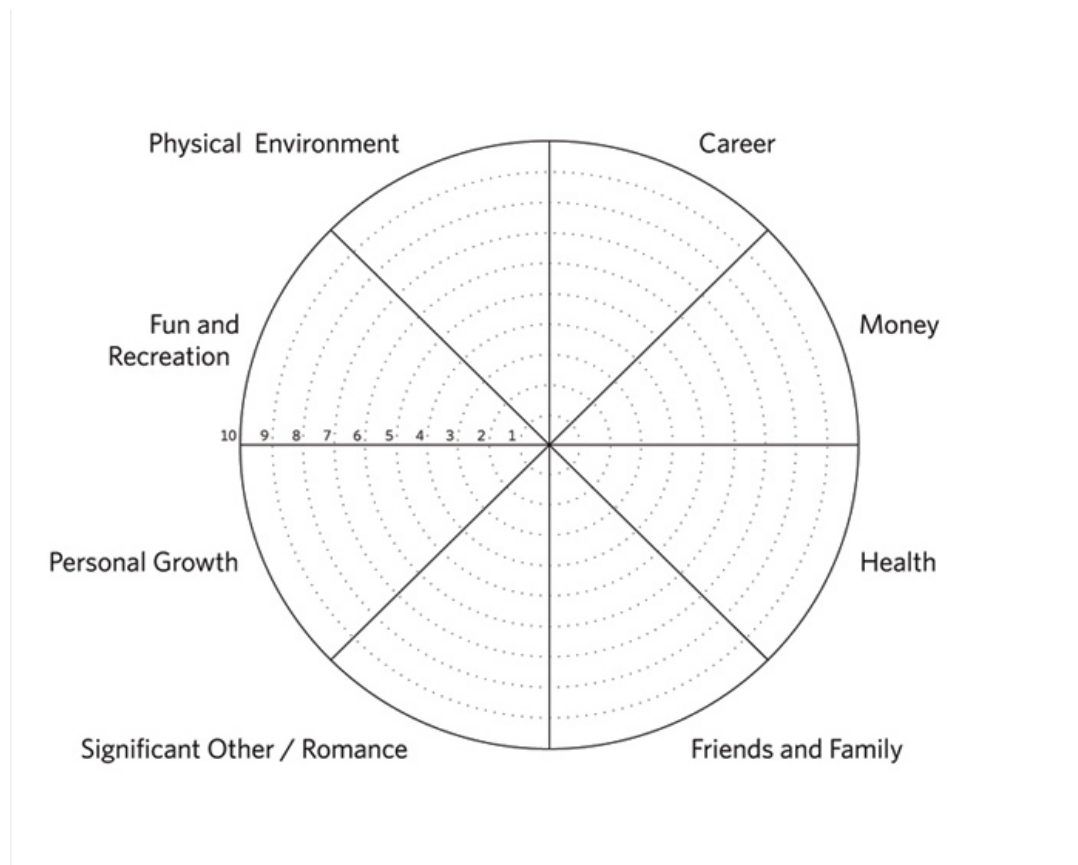
What disciplines and practices do you need to put in place in order to
accomplish these goals? What are the specific action steps you need
to take... and WHEN (exactly) are you going to take them?

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

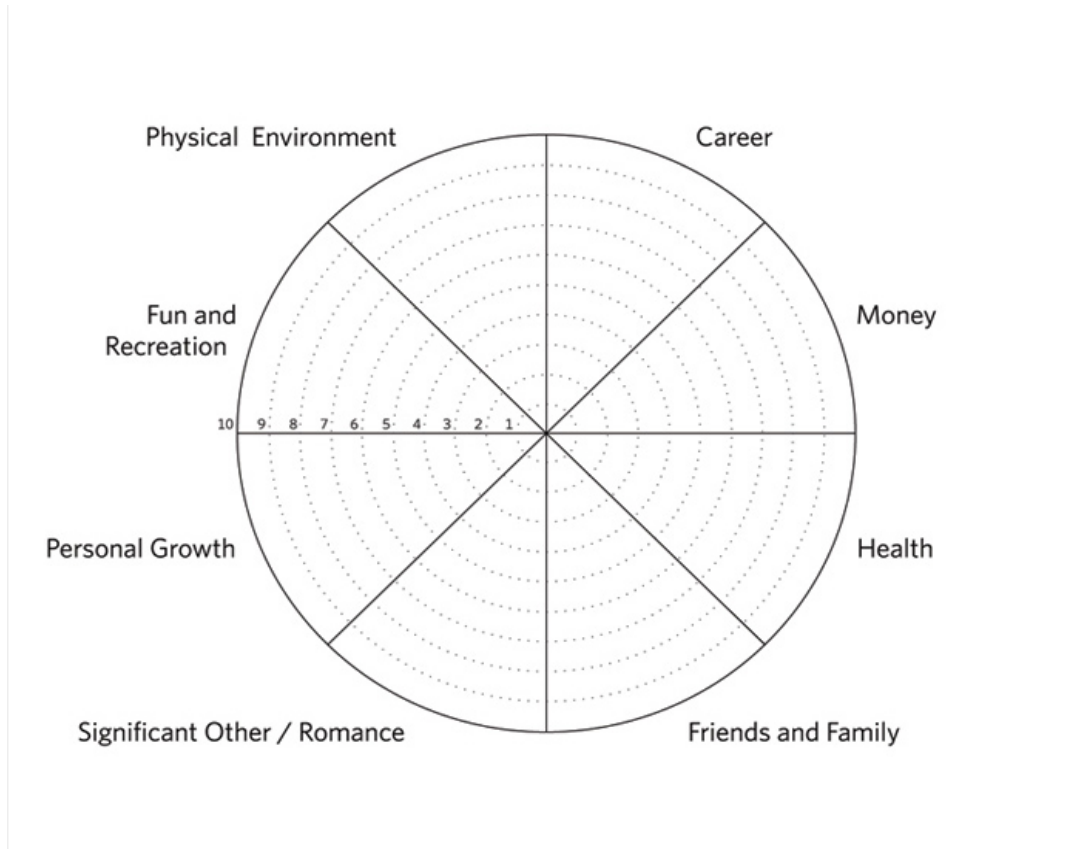
7. _____
8. _____
9. _____
10. _____

COMMIT to these disciplines, practices and action steps by actually scheduling them on your calendaring system.

How's your 'wheel of life' as you look at how things are here at halftime? Rate yourself in each of the major areas of your life:



This IS the wheel you're rolling on... How would you like it to look 6 month hence? Draw it the way you want it to be:



The year is either half over... or half begun. Let's go with half begun. You've reviewed your progress. You've set your intention. You've made the plan. Now let's begin again.